A one day intensive workshop for Team Leaders and Managers that gives you....

## **Facilitation Skills**

#### **Objectives**

At the end of this programme, participants will be able to:

- Identify how barriers to building relationships can be overcome by recognising attitude and behaviours in themselves and others
- Explain the importance of trust in a relationship and identify methods of developing
- Recognise the difference between assertive, aggressive and passive behaviours and how these impact on relationships

#### Intended for

This programme is intended for anyone who is involved in facilitating groups whether as part of a formal meeting, a training course or general facilitation of groups of individuals in the workplace.

The course will provide the knowledge and skills to enable them to identify effective facilitation, where intervention is required, what tools to use and when to use them.

### Course Content is likely to include;

- What is facilitation
- Controlling your emotions as a facilitator
- Group Dynamics
- Audience Management
- Identifying characteristics of groups
- When to intervene
- Facilitation tools and techniques
- Facilitation skills in Action
- Opportunities to put the skills into practice
- Individual action planning to implement learning

### **Learning Reinforcement**

**Prior to the course:** Each participant must discuss/define specific learning objectives with their line manager – and be ready to share them.

**After the course:** Each participant will leave with a personal action plan to take back into the work place to implement and review with their line manager.



# Call us now

on 07702 110676

to discuss how this workshop could work for you

or

email: contact@martin-smith.biz

www.martin-smith.biz

